How do you serve young fathers?

In contrast to older fathers, young fathers (18-24) are transitioning from being a child to an adult, from a student to having a career, and from a single person to a parent. Although many communities provide resources to fathers under the age of 18, services for young adult fathers are scarce.

Help young fathers learn what it means to be a father

- Fill the gap of absent father role models by assisting young fathers learn how to be fathers
- Connect young fathers with peers & mentors to model fatherhood
- Help young fathers develop realistic & achievable expectations of being a father

Support young fathers in balancing school, work, and family

- Deliver programs around young fathers' work & school schedules
- Provide child care during sessions
- Subsidize transportation to classes
- Offer mentorship to young fathers to help them understand that being the family's provider is not the only way to be a good father

Usher young fathers into adult life and parenthood

- Assess young father's level of knowledge
- Assist young fathers in understanding the systems that will allow them to accomplish their goals & provide them with emotional support
- Provide young fathers with information on available resources & supplies to help them feel more equipped for their future

Help fathers manage relationships with their partners, parents, and peers

- Provide coparenting classes
- Learn about the dynamic young fathers have with their parents & help them manage that relationship
- Host activities for young fathers to build their social network
- Help young fathers learn to acknowledge their mental & emotional needs to improve their interpersonal relationships

Improve information sharing and service delivery

- Study ways young fathers are using the internet and other types of technology
- Engage young fathers at places they already visit with their children and provide them with incentives
- Engage both parents in conversations & lessons with their children